

# Through Play We:

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\*Discover how to think creatively\*  
Develop fine and gross motor skills\*  
Determine what risks to take\* Learn  
cooperation\* Discover how to rely on  
our senses\* Learn about the world  
around us\* Expand our cognitive growth  
\*Build problem solving skills\* Discover  
ways to communicate\* Establish our  
likes and dislikes\* Build internal  
motivation\* Can expand on self-  
expression\* Grow our imagination\* Build  
and strengthen relationships\* Learn  
conflict resolution skills\* Develop a  
love for learning\* Learn how to self-  
regulate\* Gain new perspectives\* Build  
our self-confidence\* Establish  
curiosity\* Connect with ourselves,  
others, and the world around us!

BriAnna Simons, Author of Emotionally Attuned Parenting